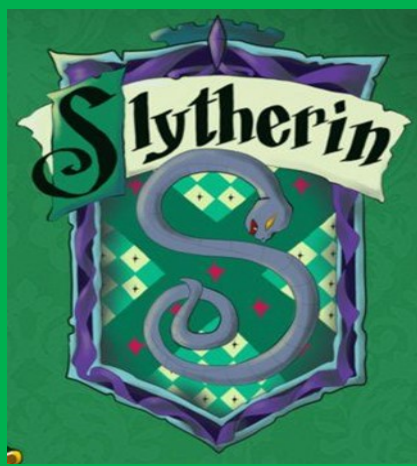




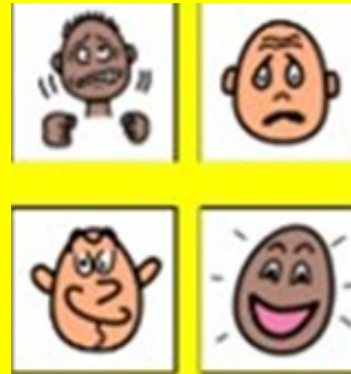
Blue Zone

- Sad
- Sick
- Tired
- Bored
- Moving Slow



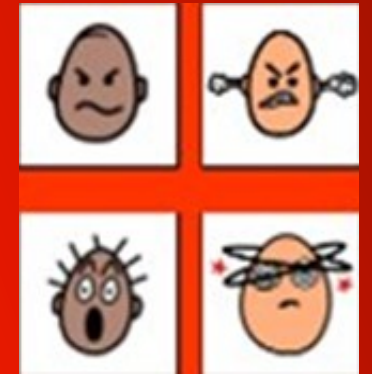
Green Zone

- Happy
- Content
- Feeling Okay
- Focused
- Ready to Learn



Yellow Zone

- Frustrated
- Worried
- Silly/Wiggly
- Excited
- Some Loss of Control



Red Zone

- Mad/Angry
- Mean
- Terrified
- Yelling/Hitting
- Out of Control