

VIPS Holborough Lakes VIAT Primary School PE Curriculum map 2019-20



Using PASS schemes of work: www.passltd.org

Year group		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year R							
<i>Additional Physical activity</i>	BEAM Write Dance Balanceability	Travelling skills	Manipulative skills	Gymnastics	Dance	Tennis	Athletics
Year 1	Outside	Games unit 1 Travelling with equipment	Multi skills/Infant Agility	Games unit 2 Sending & receiving with hands	Games unit 3 Sending & receiving with feet & stick	Tennis	Games unit 4 Striking & fielding
	Inside	Dance - Superworm	Gym unit 1	Dance - Toys	Gym unit 2	Athletics (out)	Fitness
Year 2	Outside	Games unit 1 Travelling with equipment	Multi Skills/Infant Agility	Games unit 2 Sending & receiving with hands	Games unit 3 Sending & receiving with feet & stick	Tennis	Games unit 4 Striking & fielding
	Inside	Dance - BFG	Gym unit 1	Badminton	Dance - Superheroes	Athletics (out)	Fitness/Archery
Year 3	Outside	Football	Netball	Hockey	Tag Rugby/Tri Golf	Athletics	Striking & fielding
	Inside	Sportshall Athletics	Gym unit 1	Dance - Pirates	Dance - Space	OAA (out)	Tennis
Year 4	Outside	Tag Rugby	Netball	Hockey	Basketball/Tri Golf	Athletics	Striking & fielding
	Inside	Sportshall Athletics	Gym unit 1	Dance – Charlie & the choc factory	Gym unit 2/OAA	Fitness/Tennis	Swimming
Year 5	Outside	Sportshall Athletics/Netball	Handball	Tag rugby	Football	Cricket	Rounders

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	Inside	Basketball	Gym unit 1	Dance – street dance	Gym unit 2/OAA	OAA/Fitness	Athletics
Year 6	Outside	Basketball	Netball	Hockey	Lacrosse	Cricket	Rounders
	Inside	Swimming	Gym unit 1/2	Dance – Mission impossible	Fitness	OAA	Athletics
	Autumn		Winter		Spring		Summer
WHOLE SCHOOL PHYSICAL ACTIVITY ENRICHMENT						Sports Relief?	Sports day/week