



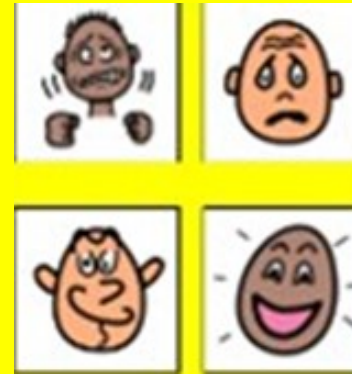
Blue Zone

Sad
Sick
Tired
Bored
Moving Slow



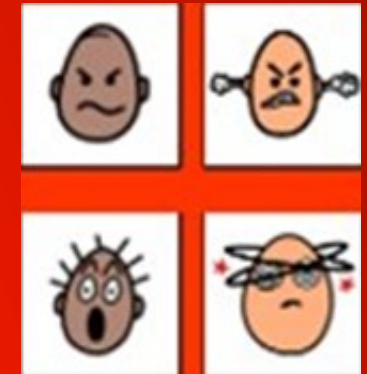
Green Zone

Happy
Content
Feeling Okay
Focused
Ready to Learn



Yellow Zone

Frustrated
Worried
Silly/Wiggly
Excited
Some Loss of Control



Red Zone

Mad/Angry
Mean
Terrified
Yelling/Hitting
Out of Control