

Year 5

Dear Parents and Carers,

Next term the children in Year 5 will be looking at the following areas as part of our ongoing programme of Sex and Relationships Education (SRE) in school.

The topic covers some elements of the Science curriculum and some elements of Personal, Social, Health and Economic Education (PSHE)

Your child will be learning and understanding:

- Talking about Puberty
- Male and Female Changes
- Puberty and Hygiene

SRE is a curriculum area that children follow all the way through school. It enables them to develop knowledge and understanding to help them to grow into confident and healthy adults. The resources we use are matched to the age of the children. We encourage children to ask questions in a safe and secure learning environment, providing them with factual information which is also matched to their age.

The main aims of our SRE policy are:

- To provide children with the knowledge, confidence and skills to face new challenges in their lives and make responsible choices and actions
- To provide children with the opportunity to learn about physical, moral and emotional development.
- To recognise and understand the importance of family life, stable and loving relationships, respect, love and care in adult life.

We will ensure that all SRE lessons will be conducted in learning environments where children feel safe and respected.

You have the right to withdraw your child from those elements of SRE that are not part of the Science curriculum but you will then have the responsibility to provide appropriate, alternative learning in place of any lessons your child is withdrawn from.

If you would like to discuss SRE further, please do not hesitate to contact your child's class teacher or ask to see Miss Fassnidge, who is the SRE lead.

Yours sincerely

